

**AS-T NUTRITION & DIETETICS (60 UNITS)** *Grades of "C" or better required***Core Courses (20 units)**

Introduction to Nutrition Science (C-ID NUTR 110, La Sierra HLSC 225)  
Introduction to Psychology (C-ID PSY 110, La Sierra PSYC 104)  
Gen. Chemistry for Science Majors Seq. A (C-ID CHEM 120S, La Sierra CHEM 111/L, 112/L, 113/L)  
Microbiology with Lab (La Sierra BIOL 185)

**List A (8 units)**

Human Anatomy & Physiology I & II with Lab (C-ID BIOL 115S, La Sierra BIOL 131, 132)

**List B (3 units)**

Principles of Food with Lab (C-ID NUTR 120)

**IGETC for UC (28 units)**

English Writing, 1A (4 units)  
English Composition, 1B (4 units)  
Arts, 3A (3 units)  
Humanities, 3B (3 units)  
Arts or Humanities, 3A or 3B (3 units)  
Social & Behavioral Sciences, 4A-J (3 units)  
Language Other Than English (5 units)

**General Elective (1 unit)****BS HEALTH SCIENCE: NUTRITION (100 UNITS)** *Grades of "C" or better required*

*60 units must be Upper Division, 190 units required to graduate*

**Major Requirements (46 units)**

Core Curriculum (22 units)  
Nutrition Concentration (20 units)  
Additional Course (4 units)  
Required Cognates (10 units)

**Foundational Studies (6 units)**

World Language (4 units)  
Lifetime Fitness (2 units)

**General Studies (16 units)**

Upper Division Scripture (4 units)  
Adventism in a Global Perspective (4 units)  
Upper Division Natural Science (4 units)  
Senior Seminar (4 units)

**General Electives (32 units)**

General Electives

**University Studies Service-Learning (0 units)**

Two courses must include a Service-Learning component

*\*Deviation from the Planning Guide does not prevent an ADT student from guaranteed acceptance and in most cases graduation from La Sierra within 2 years of transfer is still possible.*

*\*QUESTIONS: Contact our Pre-Transfer Advisor at [adtinfo@lasierra.edu](mailto:adtinfo@lasierra.edu) or call 951.785.2380.*