

AS-T PUBLIC HEALTH SCIENCE (60 UNITS) *Grades of "C" or better required***Core Courses (29 units)**

Personal Health & Wellness (C-ID PHS 100, La Sierra HLSC 214)
Introduction to Public Health (C-ID PHS 101)
Introduction to Statistics (C-ID MATH 110, La Sierra MATH 155)
Cell & Molecular Biology (C-ID BIOL 190, La Sierra BIOL 111/L)
General Chemistry for Science Majors I with Lab (C-ID CHEM 110, La Sierra CHEM 111/L, 112/L)
Introduction to Psychology (C-ID PSY 110, La Sierra PSYC 104)
Human Anatomy & Physiology I & II with Lab (C-ID BIOL 115S, La Sierra BIOL 131, 132)

List A (3 units)

Introduction to Nutrition Science (C-ID NUTR 110, La Sierra HLSC 225)

IGETC for UC (28 units)

English Writing, 1A (4 units)
English Composition, 1B (4 units)
Arts, 3A (3 units)
Humanities, 3B (3 units)
Arts or Humanities, 3A or 3B (3 units)
Social & Behavioral Sciences, 4A-J (6 units)
Language Other Than English (5 units)

BS HEALTH SCIENCE: NUTRITION (100 UNITS) *Grades of "C" or better required*

60 units must be Upper Division, 190 units required to graduate

Major Requirements (52 units)

Core Curriculum (18 units)
Nutrition Concentration (20 units)
Additional Course (4 units)

Foundational Studies (14 units)

World Language (12 units)
Lifetime Fitness (2 units)

General Studies (16 units)

Upper Division Scripture (4 units)
Adventism in a Global Perspective (4 units)
Upper Division Natural Science (4 units)
Senior Seminar (4 units)

General Electives (18 units)

General Electives

University Studies Service-Learning (0 units)

Two courses must include a Service-Learning component

**Deviation from the Planning Guide does not prevent an ADT student from guaranteed acceptance and in most cases graduation from La Sierra within 2 years of transfer is still possible.*

**QUESTIONS: Contact our Pre-Transfer Advisor at adtinfo@lasierra.edu or call 951.785.2380.*