### AS-T PUBLIC HEALTH SCIENCE (60 UNITS) Grades of “C” or better required

**Core Courses (29 units)**
- Personal Health & Wellness (C-ID PHS 100, La Sierra HLSC 214)
- Introduction to Public Health (C-ID PHS 101)
- Introduction to Statistics (C-ID MATH 110, La Sierra MATH 155)
- Cell & Molecular Biology (C-ID BIOL 190, La Sierra BIOL 111/L)
- General Chemistry for Science Majors I with Lab (C-ID CHEM 110, La Sierra CHEM 111/L, 112/L)
- Introduction to Psychology (C-ID PSY 110, La Sierra PSYC 104)
- Human Anatomy & Physiology I & II with Lab (C-ID BIOL 115S, La Sierra BIOL 131, 132)

**List A (3 units)**
- Introduction to Nutrition Science (C-ID NUTR 110, La Sierra HLSC 225)

**IGETC for UC (25 units)**
- English Writing, 1A (4 units)
- English Composition, 1B (4 units)
- Arts, 3A (3 units)
- Humanities, 3B (3 units)
- Arts or Humanities, 3A or 3B (3 units)
- Social & Behavioral Sciences, 4A-J (3 units)
- Language Other Than English (5 units)

**General Electives (3 units)**
- General Electives

### BS HEALTH SCIENCE: PUBLIC HEALTH (100 UNITS) Grades of “C” or better required

**Major Requirements (55 units)**
- Core Curriculum (21 units)
- Public Health Concentration (24 units)
- Required Cognates (10 units)

**Foundational Studies (6 units)**
- World Language (4 units)
- Lifetime Fitness (2 units)

**General Studies (16 units)**
- Upper Division Scripture (4 units)
- Adventism in a Global Perspective (4 units)
- Upper Division Natural Science (4 units)
- Senior Seminar (4 units)

**General Electives (≥23 units)**
- General Electives

**University Studies Service-Learning (0 units)**
- Two courses must include a Service-Learning component

*Deviation from the Planning Guide does not prevent an ADT student from guaranteed acceptance and in most cases graduation from La Sierra within 2 years of transfer is still possible.*

*QUESTIONS: Contact our Pre-Transfer Advisor at adtinfo@lasierra.edu or call 951.785.2380.*