

PRE-NUTRITION & DIETETICS PROGRAM CURRICULUM



96 Units Required | Please keep in mind that it is your responsibility to ensure all of your prerequisites are met. The certificate will be awarded upon completion of the required prerequisites or verification of matriculation into the student's chosen health professional program.

Requirements**		
Course	Course Title	Units
PREH 101A	Career Sem For Pre-Health Prof	1
BIOL 131	Human Anatomy & Physiology I	5
BIOL 132	Human Anatomy & Physiology II*	5
BIOL 185	Basic Medical Microbiology*	5
CHEM 111	General Chemistry I*	4
CHEM 111L	General Chemistry I Lab*	1
CHEM 112	General Chemistry II*	4
CHEM 112L	General Chemistry II Lab*	1
CHEM 113	General Chemistry III*	4
CHEM 113L	General Chemistry III Lab*	1
COMM 104	Intro to Public Speaking*	4
ENGL 111	College Writing I	3
ENGL 112	College Writing II*	3
ENGL 113	College Writing III*	3
EXSC 1XX	Two Physical Activity Courses (0.5 each)	1
HLSC 125/225	Basic Nutrition or Nutrition Theory & Practice	4
HLSC 130	Medical Terminology*	2
HUMN/ARTA	Humanities/Fine Art (at least three areas)	16
MATH 121/131	College Algebra or Calculus*	4
PSYC 104	General Psychology*	4
SOCI 104	General Sociology	4
THM1 X00	Theme I Elective (Social Sciences)	4
ELCT X00	Electives courses may be required to reach a total of 96 quarter units.	

School Specific Requirements

La Sierra University

Course	Course Title	Units
PREH 101 B+C	Career Sem for Health-Prof	2

Prerequisites

Course	Course Title	Units
MATH 006	Introductory Algebra	4
MATH 007	Intermediate Algebra*	4

If math placement is ≥ 121 , or SAT score is ≥ 580 , no math prerequisites are required.

Additional Information**

Minimum GPA: 3.0

Application Dates**

Start Term	Application Window
Summer	September 1 - February 7

* Please consult the course schedule for prerequisites and/or corequisites details associated with the class.

**These courses align with Loma Linda University prerequisites; please verify requirements for other institutions.